

Volume 53, No. 8, August 1993

01311/02

# CAROLINA COUNTRY



the Bridges and Ridges of  
Madison County

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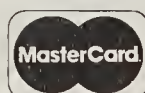
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# CAROLINA COUNTRY

**Our View**

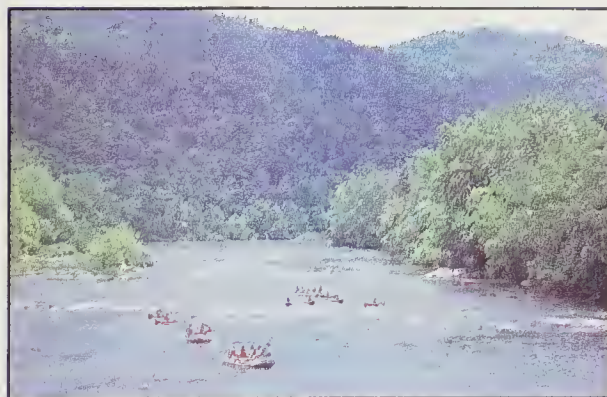
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Ronnie E. Hunt, general manager of Lumbree River EMC, Red Springs, explains why and how electric cooperatives return revenue to consumer-members.

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The French Broad River runs west through the majestic mountains of Madison County, where communities have bobbed and tumbled but managed to stay afloat.



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**Feature**

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Capital credits: a unique benefit for members of electric cooperatives. What is it? It's money in your pocket.

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Looking across the French Broad River to the Madison County courthouse in downtown Marshall.  
(Photo by Michael E.C. Gery)

# Co-op capital credits are no gimmick

By Ronnie E. Hunt

Unless you've been hiding in a cave somewhere for the past few years, you've probably seen or heard this advertising pitch for one of the major credit cards: Use our card because we'll give you a refund every year.

The emphasis, of course, is on the word "refund." The gimmick, which shows up only in the small print and in the announcer's final hurried comments, is that the refunds amount to only 1 percent of your average monthly balance.

If you catch the figure, you quickly realize that this refund will do little to offset the interest you'll pay on these credit card purchases. An average balance of \$500 will yield you the grand sum of \$5.

By comparison, this gimmick can't hold a candle to the refunds that electric cooperatives routinely provide for their member-owners. They're also based on a record of the consumer's purchases but the percentage is generally far higher than 1 percent. It can amount to as much as 25 percent.

Such refunds are regularly distributed by cooperatives of all kinds. It's one of the ways these enterprises differ

from other types of businesses. Electric Membership Corporations provide refunds that are known as capital credits. They are usually distributed to the members after a delay of several years. During that period, the money serves as equity for the cooperative.

The process begins with special treatment of the margins that remain after each year's operating costs have been covered: they are allocated to each

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*Capital credits are high  
on the list of benefits  
that flow from EMC  
membership—right  
alongside democratic  
elections of directors  
and member  
involvement in shaping  
co-op policies.*

---

member served during that period.

As the co-op's management and board assess the EMC's overall financial

position, these capital credits may be distributed to the members in a "general retirement." This would typically consist of a percentage of the members' purchases for a given year, but it may also include a smaller percentage based on other years of service.

Refunds like this are allowed only if the co-op can meet the strict fiscal requirements of its primary lending institution, the Rural Electrification Administration. When they are allowed, some EMCs issue them as credits on current monthly bills while others distribute them in checks.

In addition, the co-ops also routinely offer a refund service no credit card would dream of matching: they issue capital credits to the estates of deceased members. Once the co-op receives the required documentation that a member has died, that consumer's refund is usually issued within 90 days.

You may never see these refunds ballyhooed in splashy ads because they're just part of the basic principles that guide co-op operations. They're high on the list of benefits that flow from EMC membership—right alongside democratic elections of directors and member involvement in shaping co-op's policies.

Think about that next time you come across one of those credit card pitches, and you may find yourself counting a few blessings you've been overlooking: the benefits of co-op membership. ☺



Ronnie E. Hunt

*Ronnie E. Hunt is general manager of Lumbee River EMC, Red Springs.*



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*A  
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The bridges, hollows and "mountain folk" of Madison County

# French Broad country

Text and photos by  
**Michael E.C. Gery**  
Associate Editor

**T**he bridges of Madison County are made of hard steel and concrete or weathered logs and planks. They haven't been immortalized in a best-selling novel like their counterparts in Iowa, but they add a touch of man's handiwork against one of Mother Nature's most glorious backdrops.

They cross pretty streams with colorful names: Laurel, Spring, Bec Tree, Little Ivy, Spill Corn, Sandy Mush, Gabriel's.

Cherokee Indians called the creeks "chattering children" who clamber down steep mountainsides to follow "Long Man, the River" into Tennessee.

European settlers gazed from a

mountaintop west toward the territory they heard was controlled by France, and they called it all the "French Broad."

As they built bridges over the French Broad river and its creeks, the settlers saw a steady flow of visitors. Some travelers stayed to become "mountain folk." However, most didn't tarry as they found themselves confounded by the terrain and confused by the people.

## Getting there

Before 1964, the 16-mile drive from Hot Springs to the Madison County seat at Marshall took almost an hour and a half. It was one steep and winding switchback after another.

Today, the state is finishing a massive job of blasting through the steep

ridges near Hot Springs and straightening Highway 25-70 to make the town more accessible from Asheville and points east.

When a surveying party visited here to draw the state line in 1799, one member stayed a while. He was James Strother, who wrote that he liked the "conviviality and friendship" at a tavern in what was then Warm Springs where he remained "to get clear of the fatigue of the tour."

In 1800, Bishop Francis Asbury, a prominent Methodist missionary, was dismayed by what he found there. He wrote, "There were too many subjects of the two great potentates of this Western world, whisky, brandy." Even so, Asbury returned several times to preach Christian values.

*Whiterock community in Madison County.*



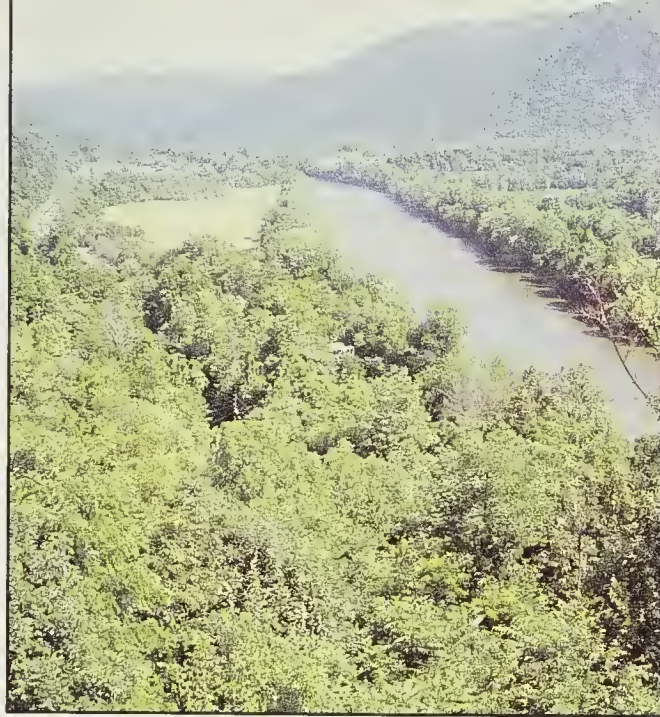


The Buncombe Turnpike, built in the 1820s from South Carolina through Asheville and into Tennessee beyond Hot Springs, made traveling tolerable. Tavern business was the liveliest thing going. The most faithful clients were "drovers," who drove mules, cattle, hogs, turkeys and other livestock to markets in Tennessee, Asheville and elsewhere. The "stock houses" extended hospitality equally to the drovers and their stock, and times were merriest when the drovers passed through Marshall, Barnard, Sweetwater and Stackhouse on their way home from the market sales.

A hundred years after Strother leared his head and Bishop Asbury criticized the drinking, Hot Springs had become the hot tourist spot of the region. Wealthy vacationers, who previously arrived in six-horse stagecoaches, began arriving by train. From the fancy depot, they were escorted to a magnificent hotel, where they enjoyed the springs and the air and North Carolina's first nine-hole golf course. They dined in elegance each night as an orchestra played.

They were the Hot Springs "mountain folk."

Meanwhile, the folk elsewhere in these mountains had built cabins and bridges. Families grew food on any level ground or slope that would allow a mule and plow. They used their resourcefulness, the forest and the streams to provide clothing and furniture, medicine and elixirs. They



*French Broad River flowing through Hot Springs.*

built simple churches in a streamside hollow or on a cleared hilltop, mostly as Baptist believers, though increasingly as Methodists and Scotch-Irish Presbyterians.

By 1860, local Baptists had opened a college at Mars Hill, a Madison County town above the Ivy River.

Most mountain people didn't much care about the issues dividing the states in the Civil War. But if you sympathized with the Northern cause, you ran the risk of being treated unkindly by the wealthier and more fervent supporters of the Confederacy.

One group of Madison County mountaineers, suspected of Union sympathies, complained of discrimination. In January 1863, about 50 of them descended into Marshall from the Shelton Laurel highlands and raided stores

and the house of the county clerk of court. Those men were hunted down by a local militia of grays, and 13 of them were killed and tossed in a trench.

### **Exploiting the native resources**

From Bishop Asbury's visit to the present day, travelers on business or pleasure have described the culture here as "backward."

Tourists to Hot Springs sent home exaggerated accounts of the health-giving powers of the countryside along with equally inaccurate reports of the local

citizenry as largely unwashed, uneducated "hillbillies."

Exaggerated or not, the glowing descriptions of the scenery, fast rivers and abundant forests attracted the attention of outsiders, particularly Northerners with money. Hot Springs drew people who luxuriated on the porch on cool summer evenings and imagined converting the surrounding forests into lumber.

From 1880 through the Great Depression, Madison County, like its neighbors throughout Southern Appalachia, experienced a surge which has not been equaled since, says historian Ron Eller. With the railroad came a wave of speculators who mined and logged the mountains. State govern-

*continued on page 5*





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ment and private interests promoted the mountains as an area of limitless natural resources and cheap local labor. Asheville, as a mountain resort and springboard for lumber companies, saw its population spiral from 2,000 to 10,000 between 1880 and 1890.

By 1900, lumbering was the second largest industry in the state, most of it in the western counties, Eller says. Logging railroads and steam mills were

built along the French Broad and other Appalachian rivers. They bred planing mills, pulp mills and factories to make paper and furniture.

Meanwhile, growth in

the textile industry reached into the mountain region as Northern industrialists left their aging mills and high labor costs in favor of the southern railroads, rivers, proximity to cotton and cheap labor. In 1910, Capitola Manufacturing Company, a cotton mill in Marshall, employed many Madison County families, including children. The going wage was no more than 80 cents for an 11-hour work day.

The massive exploitation of mountain resources eventually brought the new national conservation movement to Madison and neighboring counties. The federal government purchased vast tracts of mountain territory to be preserved for the travelers who had yet to enjoy it.

The Great Depression dried up the lumber, mining and textiles industries. Mountain families were left high and



*The former Capitola textile mill in Marshall now displays murals depicting its past working life.*

## French Broad EMC

# Keeping the power on

Like the communities it serves in the mountainous, Tennessee border territory of North Carolina, French Broad Electric Membership Corporation is a rugged, self-sufficient, conservative enterprise that prides itself on understanding its members and working cooperatively.

The EMC's manager, Charles R. Tolley, reflects the same characteristics. Raised in these mountains, Tolley attended Clemson University on a football scholarship and graduated with a B.S. in electrical engineering. After college he entered the army as a second lieutenant and served in Vietnam before returning to work for the co-op. The EMC's board of directors sets policy, and Tolley implements it in a straightforward manner.

Likewise, the EMC's employees are among the most respected people in the region. Linemen know how to maneuver in the mountains, and when they do, people know them by name. The district managers also are take-charge folks who know their areas and the service needed in them. Many members of the office staff in Marshall have been devoted to their work for years, including office manager Florence Ramsey, who is in her 51st year with the EMC.

The co-op was formed in 1938-39, when investor-owned utilities declined to extend lines into the rural mountains. In 1942, the EMC bought the assets of Northwest Carolina Utilities when it was disassembled by antitrust orders. Also in 1942, French Broad members agreed to serve part of Unicoi County, Tenn., when the Tennessee Valley Authority declined to serve that area.

As late as the 1950s, many families served by the co-op rarely saw their monthly bills top \$1.50 per month. People here had little use for power beyond electric lights and perhaps a radio. Later, when members expressed an interest in refrigerators, washers and other appliances, the EMC upgraded its service to 240-volt power and financed the appliances for members who wanted them.

From 1965 to 1974, electricity was relatively cheap here, with most of the power being purchased from Carolina Power & Light Co. In 1974, CP&L's rates jumped 165 percent. That's when Charles Tolley took the reins at the co-op, which now serves about 25,000 members in Madison, Buncombe, Yancey and Mitchell counties and in Unicoi County, Tenn.

He says, "Our mission is to work hard, to treat our membership honestly and courteously, to keep their power on."

Keeping power on here can be very hard work indeed. Less than half the poles along the system's 3,300-plus miles of line can be reached by truck. When they can't reach areas on a tracked vehicle, co-op servicemen walk the steep ridges to work on the poles, lines and rights-of-way.

The EMC serves various industrial consumers, including Glen Raven Mills, Avondale Mills, Outboard Marine, and Tolley expects the number to grow in coming years.

In addition to generating power at its own hydroelectric facility on the French Broad in Marshall, the EMC negotiates contracts to buy power wholesale. "We are constantly looking to do better in providing power at a good price," Tolley said.

Even with the rugged terrain and low density consumer base, French Broad's rates consistently keep pace with the retail rates charged by CP&L.

"Our biggest strength is in our (11-member) board," Tolley says. "They are unassuming people who are what they are and proud of it. They realize we have a job to do in providing high quality electric service."



dry as well. Many again returned to subsistence farms, now smaller and somewhat neglected. Many left the area altogether.

## Creeping optimism

Hard times and outside help notwithstanding, mountain folk became ingenious, relying on their own understanding of the natural bounty to make satisfactory living, says Richard Dillingham, director of the Southern Appalachian Center at Mars Hills College. (See page 10.) They have laced their lives with mountain music, intimate churches and schools, home industries, cooperatives, corn, tomato and tobacco crops, and improving transportation.

Today, the mountain views are as spectacular as ever, but utter depravity is hard to find. The 1990 census found one in five Madison County persons living in poverty, a 20 percent improvement over 1980. Per capita income



French Broad EMC's hydroelectric plant in Marshall.

among the 17,000 in the county stood at \$12,190 in 1990.

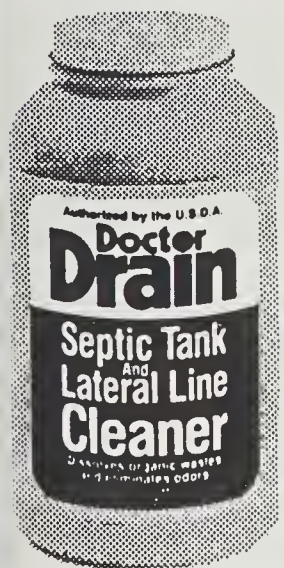
Things have been looking up since about 1970, according to people who know.

That's the story you'll hear from Jerry Plemmons, who has participated

in regional planning here throughout his professional life. His work as energy advisor for French Broad Electric Membership Corporation takes him into homes and businesses. His work in

*continued on page 10*

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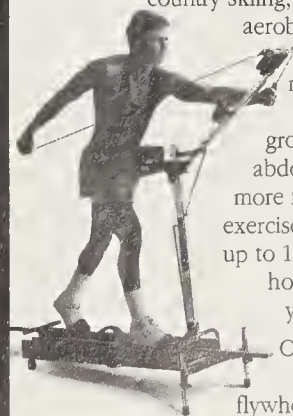
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*continued from page 9*

community and economic development places him on numerous boards and committees. He's encouraged to be involved in these programs because the EMC sees sensible economic development as being in the best interest of the co-op's membership.

Plemmons says almost half the Madison County labor force work outside the county. Less than five percent are full-time farmers.

He points out that Asheville's growth is spreading into Madison County. Driving from Marshall or Mars Hill to the Buncombe County seat takes less than a half hour. The Wolf Laurel condominium and ski mountain development is here. A four-lane highway, Interstate 26, is scheduled to connect I-81 and I-40 in 10 years. The Little Ivy Baptist Church and cemetery, where the French Broad Baptist Association began 200 years ago, must be moved to make way for I-26. The church's pastor has yielded: "I will accept this as the Lord's will and will go from here."

Downtown Marshall still looks stuck in its industrial past, the solid buildings along the French Broad River wedged between two steep mountain rises. It may have been tagged by Ripley's "Believe It or Not" 60 years ago as "The Town That Cannot Grow!" but the annual Christmas pageant at the ornate courthouse still draws big crowds, and every evening, a man sweeps the streets with a hand broom.

In the hollows, you see new single-wide and double-wide homes among the older woodframe farm houses, and nearly all have a garden. Here and there you see a brand new house like those in suburban subdivisions. People are moving into Madison County.

People come here for fun, too. River rafting, handled by no less than four outfitters, is a big business that draws families and adventurers alike. The Appalachian Trail, which crosses Hot Springs, attracts thousands of hikers and local people.

Mars Hill College is the gem of the county. Some 1,400 students attend the liberal arts, co-educational school on a 180-acre campus. Enrollees from Madison, Mitchell and Yancey counties attend at 25 percent of the tuition cost—in exchange for taking courses in Southern Appalachian studies and performing local public service duties.

Madison County is gearing up for the 21st century: it has four primary care medical centers and is about to launch an enhanced 911 emergency

dispatch system. It has two new skilled nursing facilities, a brand new middle school, a handsome regional high school, a thriving industrial park, two new lighted ballfields, a campus of Asheville-Buncombe Technical College, and a landfill that will last beyond the next generation.

To those who dismiss these mountain communities as "backward," Plemmons says, "You never know what's up the hollow until you go up the hollow." 🌀

## Making rugs from sock tops

In the midst of the Great Depression, First Lady Eleanor Roosevelt visited Madison County to draw attention to its thriving hooked rug industry. She called it a shining example of how native intelligence can produce a livelihood even in the worst of times.

In the 1930s, the Madison Rug Shop in Mars Hill employed 100 people to make 10,000 rugs a week.

Local women began making rugs in the 1920s, using tops of cotton socks leftover from the textile mill. Men would build frames for hooking the rugs and truck them to dealers. Girls and boys found jobs in the enterprise. By the 1930s, thousands of Madison County families became involved, many working in their homes earning as much as \$100 a week.

In the early 1940s, the hooked rug business was so good that big-time investors came to the area. Large factories opened in Asheville, enticing the mountain families to work there. As a result, many home industries and the Madison Rug Shop were forced to close.

Laws on child labor and minimum wages, however, sent the bigger manufacturers fleeing to Puerto Rico, where similar rugs are made today and sold as "Appalachian rugs."

Some Madison County families returned home and continued making hooked rugs. Today, they use cloth and fibers recycled from carpet factories. The work provides supplemental income to some families.

The indigenous cottage industry faded in the bright light of big business, says Richard Dillingham, director of the Southern Appalachian Center and curator of the Rural Life Museum at Mars Hill College. But big business faded, too.

"In hindsight," Dillingham says, "you can see the lesson of luring industry because of cheap labor."



*Photo of the Buckner Rug Shop, Mars Hill, in the 1930s, shows processes involved in the industry.*

Mars Hill College Archives



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Name of Sponsoring Institution \_\_\_\_\_ No. of Members \_\_\_\_\_

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County \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

**SEND BILL TO:** (Adult responsible for payment)

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area

Title in Organization \_\_\_\_\_ Social Security # \_\_\_\_\_ Age \_\_\_\_\_  
(If under 21)

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City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

✓ Signature \_\_\_\_\_ Date Sale is Scheduled to Start \_\_\_\_\_  
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area

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F3G02A



Refunds total \$12.5 million in '92

# Co-op members deserve a lot of credit—and they get it

By Kim Whorton  
Staff Writer

Consumers of electric cooperatives enjoy an advantage over their neighbors who get power from other types of utilities: they own a share of the business and have a voice in how it's operated. They provide themselves with affordable and reliable electric service—and also periodically pocket some tangible rewards of ownership: cold cash.

The neighbors who are served by either an investor-owned company or a municipal system may argue that their service can't be surpassed, but they never get refunds of excess revenues from their utilities.

The member-owned co-ops operate on the principle that a cash reserve fund must be established with any revenue remaining after the business covers all costs of providing service.

When cash reserves are adequate, the co-op board can authorize a refund of a portion of the excess revenue to the members.

The refunds, which amounted to about \$12.5 million for members of

North Carolina's 28 co-ops in 1992 alone, are called capital credits.

They are an important part of the cooperative way of doing business, says Martha McKnight of Sparta, a member of the board of directors at Blue Ridge EMC, Lenoir.

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*"We think it is very important to return capital credits to our members ... It's one of the features that distinguishes us from an investor-owned or a municipal utility—that and the fact that members have a voice in the company."*

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"We think it is very important to return capital credits to our members and to make sure that our members understand the process. It's one of the features that distinguishes us from an investor-owned or a municipal utility—that and the fact that members have a voice in the company."

She said this is one of the most con-

fusing characteristics of a cooperative enterprise.

Here's how it works:

In a co-op the net margins do not belong to the corporation. Rather, they belong to the co-op's individual members. A cooperative sets up a credit

account which records each member's share of a year's net margins. Once adequate reserves are established, remaining revenues are returned to the member-owners, based on their power use records.

Investor-owned utilities, on the other hand, are owned by stockholders. Municipal utilities are government-owned. Only electric cooperatives are owned by those they serve.

Because each co-op is locally owned and governed by an elected board, policies on the retirement of capital credits vary from one EMC to another, according to Martha McKnight.

"The co-op's board considers the financial status of the cooperative and its long-term goals to decide when and how to retire the capital credits," she



aid. "At Blue Ridge EMC, we return up to 25 percent of a given year's net margins.

"We return credits through a percentage method. Some co-ops use a rotation method that issues them after a period of years. The way it's handled depends on the co-op's financial condition, rate of growth and the board's philosophy.

Most North Carolina cooperatives return credits, or issue a "general retirement," on the basis of "first-in, first-out"—the oldest credits are refunded first. Thus, members who have been on co-op lines for many years are the first to receive credits. A few co-ops also refund some capital credits on the basis of "last-in, first-out"—which means recent credits are refunded first.

The members accumulate credits for as long as they receive EMC service. If they move off the co-op's lines, they will still be due capital credits for the period when they purchased electricity from the co-op.

In 1992, Blue Ridge EMC refunded 23.75 percent of net margins for 1991. That amounted to a total of \$698,039.

"Delivery of the credits varies," said McKnight. "If the retirement is \$10 or less, we credit it to the member's electric bill. If it is more, we send a check to the member."

General retirements of capital credits are issued when the co-op's overall financial condition permits. In addition, the credits are routinely returned to the beneficiaries of members who have died. Credits that are allocated to members but never claimed become "escheatments" that must be turned over to state government.

When a member of an EMC dies, a representative of the member's estate may apply for the capital credits by submitting a certified death certificate, a "certificate of testamentary,"

which gives the applicant the legal right to administer the estate of the deceased.

Todd Pope, member services supervisor at Piedmont EMC, Hillsborough, said death benefits are usually returned within 60 to 90 days upon completing an application.



"Our general retirements are done on a first-in, first-out plus a percentage basis every December. Our board of directors authorizes what percentage we are able to pay," he said.

A given year's credits are returned in full along with a percentage of the remaining years. For example, if the co-op is returning credits for 1961, that year's credits would be retired in full. The co-op would also retire a portion of the total credits accumulated since then.

In 1992, Piedmont EMC retired capital credits totaling \$470,059, including those for 1961 and 1.34 percent of the margins accumulated from 1962 through 1991.

"We look at the totals and determine what we can reasonably return," Pope said. "But we don't make credits on our electric bills. Our credits are returned to the members in a check."

Unclaimed credits that remain when a member dies with no beneficiary, or when a member moves off the co-op's lines and cannot be located, are held for a period but eventually become escheatments that must go to the state.

But North Carolina's cooperatives do attempt to locate members who fail to claim their refunds.

Diane Dowd, accounting associate at Central EMC, Sanford, said the co-op actively tries to locate former members who have unclaimed credits.

"When we can't find the member, their money is put into a special account in hopes that we will eventually find them. After five years, we are required by law to turn the money over to the state," Dowd said. "We do all we can to get the retirement to the member or a member's relative because it really is that person's money." ●

## 1993 EMC Annual Meetings Calendar

DATE	EMC	TIME	LOCATION
<b>August</b>			
<b>28</b>	Roanoke, Rich Square	Registration: 11:00 a.m. Business Meeting: 1:00 p.m.	Co-op Headquarters, Rich Square



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# Clams grow in bags

Marking a first for North Carolina aquaculture, clams have been harvested in bags in the Newport River near Beaufort.

The state's first aquaculturally grown clams were raised using soft-tented bags about five feet square. Fishermen load the bags with about 800 to 1,250 clams, place the bags in rows and

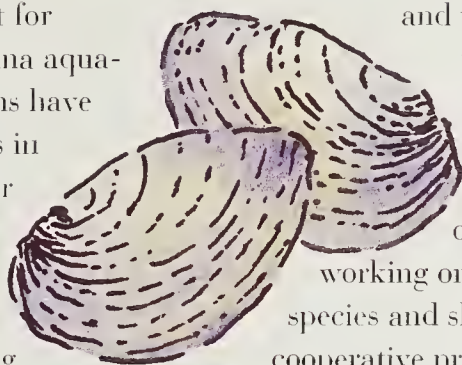
stake the bags on four corners. Clams matured in a 20- to 24-month period.

About 30 commercial fishing families learned the technique developed by the Fisheries Development Foundation of North Carolina.

"The protective soft-tented bags provide advantages of more efficient planting, predator control, ease of harvesting, cost effectiveness and ease of monitoring. The bags are reusable and create an artificial environmental reef," said Joe McClees, executive director of the foundation, which is based in New Bern.

The method is best suited to shallow to moderate water levels because work with the shellfish can continue during low tide, he said.

The clams will be marketed under the name "New Wave Aquafarms" and sold to restaurants on the East Coast



and to grocery store chains which sell individually packaged aquaculture products, McClees said. The Fisheries Development Foundation is working on developing other clam species and shellfish, including a cooperative project with scallops.



## SUMMER SALE

When you think of choir robes you owe it to yourself to think of Oak Hall.

Robes and accessories on sale through August 15. Call or write for more information.

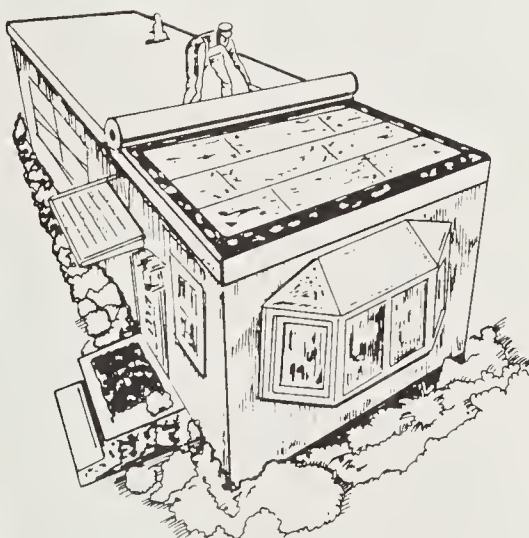
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## REGENCY

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Poster offered ...  
Slide shows  
available ...  
New EMC manager.

## Farmers Market WIC program gets federal funding

Federal funds are now supporting a project that helped provide fresh fruits and vegetables to needy toddlers, nursing mothers and pregnant women.

The program, known as the Farmers Market Women, Infants and Children Program, has received \$50,700 in federal money to augment the project's allocation of almost \$22,000 in state funds.

The two-year-old program offered coupons that were redeemable only by farmers selling produce at the State Farmers Market or eight other markets in the state. Farmers markets in Anson,

Orange, Buncombe, Wake, Pitt, Northampton, Robeson, Rutherford and Watauga counties are participating.

Three agencies currently administer the program: The N.C. Department of Environment, Health and Natural Resources, the Rural Economic Development Center and the N.C. Department of Agriculture.

Ron Levine, public health director at DEHNR said recent studies have clearly linked participation in the WIC program during pregnancy with significantly reduced infant mortality rates. He said that for every \$1 spent on prenatal WIC in North Carolina, an estimated \$4.75 is saved in newborn Medicaid costs in the first year of life.

## Slide shows among museum's many outreach programs

The North Carolina Museum of Art has many slide programs on art topics available for loan free of charge, report museum officials. The programs can prepare for a museum visit, used in the classroom as an independent unit, or as a program for a civic or cultural organization. All slide programs include objects in the museum's permanent collection, although some are not on view at all times.

There is no charge for use of the program but the borrower must pay return mailing costs.

Slide programs prepared for high school and adult audiences include:

- Jewish Ceremonial Art in the North Carolina Museum of Art.

- Fifty-five Centuries of Art: Highlights of the North Carolina Museum of Art.

- What Is American About American Art?
- Changing Styles: The Evolution of American Art.
- Myths Revealed: The Imagery of Greek Mythology.
- The Art We Love to Hate: Coming to Grips With the Modern Vision.
- The Christmas Story.

For a complete list of the programs or to schedule a presentation by an outreach volunteer, call Nancy Brantley at (919) 833-1935, ext. 141. Or write to: N.C. Museum of Art, 2110 Blue Ridge Road, Raleigh, N.C. 27607-6494.



*"Flower Market in Paris" by Jozef Pankiewicz was among Polish paintings at the museum this summer.*



## Big Sweep issues manual

An educational manual entitled "Splish Splash," designed to teach children about the problem of litter in aquatic and marine habitats, has been published by the Big Sweep Education Committee. Big Sweep coordinates the clean-up of North Carolina's beaches, lakes, rivers, ponds and streams.

The 44-page manual can be used by teachers or group leaders of children under nine years old. It includes activities about recycling, animal entanglement, clean water, plastics and other throwaways.

Contributors include UNC Sea Grant, the N.C. Wildlife Resources Commission and 4-H.

Copies cost \$2 each from Big Sweep Educational Materials, P.O. Box 550, Raleigh, N.C. 27602.

## Museum offers Wooden Boat Show poster



The North Carolina Maritime Museum is now offering copies of the official poster for the 1993 Wooden Boat Show. The colorful poster features the work of watercolor artist Dee Knott, a Michigan native, who now maintains a home in Beaufort. It includes

spritsails as the centerpiece and a smaller companion painting of a young girl and a spritsail on the shore.

The artist recently donated part of the proceeds from her spring show and sale to the Friends of the Maritime Museum. The boat show was in May.

Posters are on sale now in the Museum store for \$15 plus tax. For mail orders, send a check or money order for \$20.40 to the North Carolina Maritime Museum, 315 Front Street, Beaufort, N.C. 28516. For more information, call: (919) 728-7317.

## R. Wayne Russell succeeds J. Kelly Hutchens as general manager at Surry-Yadkin EMC

The new general manager of Surry-Yadkin Electric Membership Corporation, Dobson is R. Wayne Russell.



*R. Wayne Russell*

He succeeds J. Kelly Hutchens, who retired in February after 45 years with the co-op.

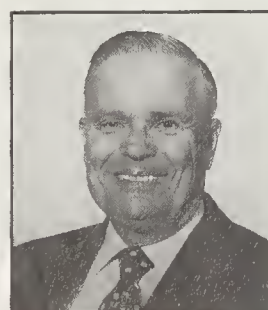
Russell is a Statesville native and a graduate of Mitchell Junior College. He began working with electric cooperatives as a warehouseman with Crescent EMC, Statesville, in 1973 and was later promoted to coordinator of purchasing.

In 1980, Russell became marketing and technical representative for Tarheel Electric Membership Association in Raleigh, the material supply co-op for the state's EMCs. While there he completed a bachelor's degree in business management at Gardner-Webb College.

He returned to Crescent EMC to work as the Mocksville district manager until 1991, when he was hired as assistant manager at Surry-Yadkin.

Russell and his wife, Sonja, have two children who are married and living in Mocksville. He is active in the Rotary Club, Chamber of Commerce and Lions Club.

J. Kelly Hutchens began work at Surry-Yadkin in 1948. He worked in member services and public relations until 1967, when he became manager of the co-op.



*J. Kelly Hutchens*

Hutchens said the main change in the co-op during his tenure was the conversion from setting poles by hand to erecting them with trucks and related equipment. Computerizing records and business practices also was a major change, he said.

When he joined the EMC, there were about 2,500 members, about a tenth of the current membership.

"All of the employees who worked inside would get out pen and ink and make out the bills by hand," he recalled.

"It has been the greatest privilege of my working life to have been associated with the people of electric cooperatives, the Surry-Yadkin staff, board and members, and the people in Raleigh and Washington," he said. He also worked with J.C. Jones, former general manager of Davie EMC, Mocksville, which merged with Cornelius EMC to form Crescent EMC.

Robert F. Burrus was Surry-Yadkin manager from 1942 to 1967 before Hutchens was appointed.

In 1959-60 the co-op completed its new headquarters in Dobson, and in 1991 an addition was built.

Hutchens said he enjoys the time he has now for reading, gardening, traveling and church.



# Books



Archaeology,  
Congress and  
beaches.

## Prehistory of North Carolina

Mark A. Mathis and  
Jeffrey J. Crow, editors  
N.C. Division of Archives and History  
206 pp., softcover, illustrated

**T**his book is reprinted edition of a 1983 book examining the 12,000 years of North Carolina before the written history of the 16th and 17th centuries.

The four sections deal with the archaeology of the coastal plain, piedmont and mountains, and of the past and future archaeological work in the state.

The previous edition had become a popular resource for amateur and professional archaeologists.

Available for \$10, plus \$2 shipping, from Historical Publications Section (N), Division of Archives and History, 109 E. Jones St., Raleigh, N.C. 27601-2807.

## The Congressional Experience

by David Price  
Westview Press  
194 pp., illustrated

**S**ubtitled "A View From the Hill," Fourth District Rep. Price's book traces his experience from academia at Duke University through his first election to Congress in 1986, including a look at how he learned the ropes in the capital.

Price recounts his decision to enter politics, campaign difficulties, pressures on his family and other tales. Once in Washington, he reports on learning about committees, caucus activities, policy decisions, and towing the line for those in the district.

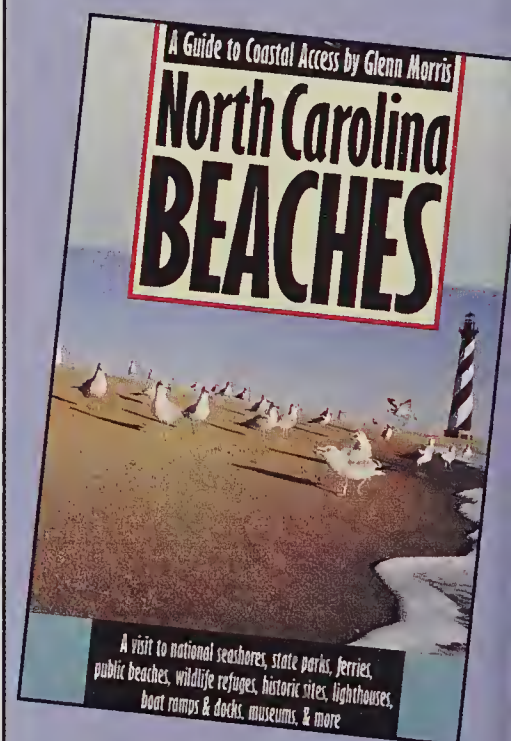
The book suggests that the public barely understands its Congress. It is a call for knowing our Washington politics and politicians better than we do.

Available at bookstores for \$55.

## North Carolina Beaches

by Glenn Morris  
University of North Carolina Press  
306 pp., softcover, illustrated

**T**his is a "guide to coastal access" by Greensboro-based travel writer Glenn Morris. All public sites along the coast are described, including parking, dune crossovers, rest rooms, handicapped access points, phone numbers, addresses, and hours of operation. The maps and charts can be helpful, too.



Each entry has historical and anecdotal information to make visits familiar to first-time tourists. All public access points are located, including services for boaters and off-road vehicles. The geographical arrangement, from north to south, allows readers to plan trips to nearby attractions.

Also published are short essays on such topics as "How to Behave on a Pier," "Name That Wave," and "The Plight of the Piping Plover."

The book is available at \$16.95 in bookstores or from UNC Press, P.O. Box 2288, Chapel Hill, N.C. 27515.



# "The Good Cook's Cook Book"

Members of the Saddle Mountain Union Baptist Church just off the Blue Ridge Parkway in Ennice have published a collection of their favorite recipes into one volume titled, "The Good Cook's Cook Book—Our Favorite Recipes."

The 170-page cookbook contains over 400 recipes from church members and friends of the church. The

book includes kitchen hints, calorie counting and hints for daily living.

Reprinted here are two recipes from the cookbook.

To order a copy, send a check for \$8 to Ellen Reeves, Route 4, Box 117, Sparta, N.C. 28675.



## Carolina Apple Cake

1½ cups cooking oil	2 teaspoons vanilla
2 cups sugar	1 teaspoon baking soda
4 eggs, beaten	3 cups peeled, diced apples
3 cups plain flour	3 cups chopped nuts
1 teaspoon salt	

Mix oil, sugar and eggs together. Sift flour, soda and salt together. Add to egg mixture and mix thoroughly. Add vanilla, apples and nuts. Pour into greased and floured tube pan and bake in 350 degree oven for about an hour. Remove cake and let cool.

Top with following glaze:

Mix in saucepan 1 tablespoon butter, 1 cup sugar, ¼ cup milk. Boil slowly 10 minutes. Let cool and pour over cake.

*Rosa Evans Carpenter  
(100 years old)*

## Homemade Hominy

Build a fire in outdoor fireplace using only hickory wood. Grease old timey wash pot and put over fire to clean. Then wipe out. Fill wash pot one-half full of water and bring to a rolling boil.

**Note: Do Not Use Aluminum Utensils!**

Put 1 gallon ashes in doubled cheesecloth bag. Drop into boiling water. Dump shelled corn into wash pot. Add enough water to cover well if needed. Use wooden paddle to stir. When husks start coming off, dip off and keep husks dipped off. When husks quit coming to top, corn is done. Wash corn several times. Put in jars and pressure according to creamed corn directions.







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# Here, There and Everywhere



From gourds in  
Cary to gems in  
Hiddenite.

## USS Abnaki reunion

Sept. 23-26, Virginia Beach

Reunion for the former crew of the USS Abnaki, ATF-96, at Virginia Beach. Contact Herman D. Phelps, 104 Heritage St., Greenville, N.C. 27858. Phone: (919) 756-3507.

## Jones County Crafts

Sept. 25-26, Trenton

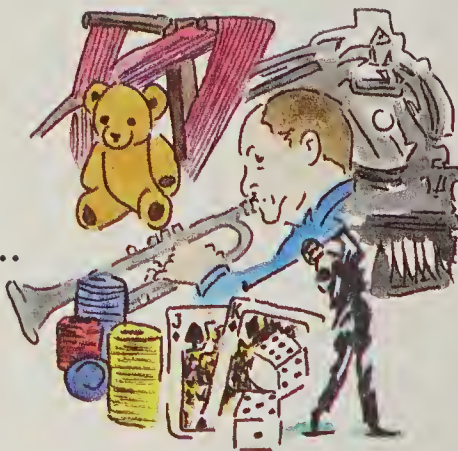
Third annual quilt and crafts show at the Jones County Civic Center. Extensive quilt displays, crafts and decorations of all kinds. Booth applications are now being accepted. Contact Norma Cox, 6401 Ten Mile Fork Rd., Trenton, N.C. 28585. Phone: (919) 224-2981.

## Hospital reunion

1994, Memphis

If you served at the Kennedy General Hospital in Memphis, Tenn., during World War II, you may be interested in efforts to organize a reunion of hospital personnel. The event is being planned for the spring of 1994. The hospital operated from December 1942 until July 1946. Organizers also need names and addresses of

persons who were employed by the hospital during that time. Contact Newton Odom, 1401 Swallow Lake, Birmingham, Ala. 35213.



## The Golden Gathering

Sept. 7-18, Maggie Valley

Persons ages 50 and over are invited to this festival, which features more than 50 events and activities. Highlights of the 6th annual festival include casino night, golf tournament, live bands and entertainment, area tours, clogging, gospel singing, hayrides, storytelling breakfasts, 40's and 50's musical revue, arts and craft shows, fashion shows, a Smoky Mountain Railway Tour and a picnic on Cataloochee Mountain. Contact The Golden Gathering, P.O. Box 126, Maggie Valley, N.C. 28751. Phone: (704) 926-2945.

## Gourd festival

Sept. 11-12, Cary

Fresh and dry gourds, hard-to-find seeds and gourd crafts will be on sale at the 52nd annual festival held in the Cary Community Center. Contact Gourd Village Gardener Club, 4008 Green Level Road West, Apex, N.C. 27502. Phone: (919) 362-4357.

## Mumfest '93

Oct. 8-10, New Bern

Arts, crafts, live entertainment, boat tours, amusement rides, ethnic foods, quilt show, encampment of Revolutionary militiamen, street dance and Oktoberfest. Tryon Palace gardens will be open free all weekend. For children: clowns, face painting, funny balloons, a carousel and Bernie the Bear. Contact Swiss Bear, P.O. Box 597, New Bern, N.C. 28563. Phone: (919) 638-5781.

## Ideal Home Show

Sept. 23-26, Raleigh  
October 7-10, Charlotte

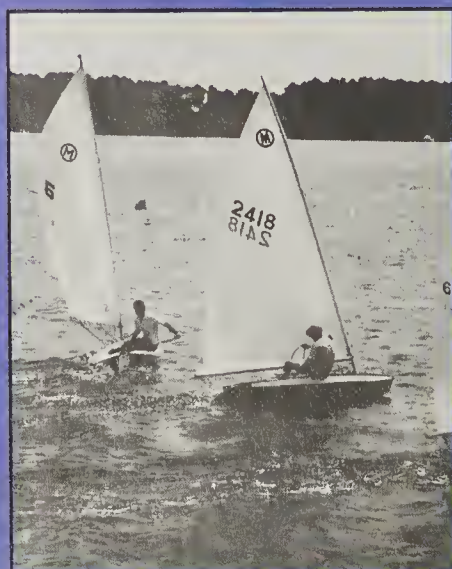
Ideas, products and information for homeowners concerning remodeling, decorating, windows, flooring, furniture, heating and cooling, financing and insurance. Also, "how-to" clinics and money-saving show specials. In Raleigh at the N.C. State Fairgrounds, and in Charlotte at the Charlotte Merchandise Mart. Contact Southern Ideal Home Show, P.O. Box 3685, Charlotte, N.C. 28236. Phone: (704) 376-6594.

## Antique Engine Festival

Sept. 11-12, Dunn

Steam engines, cars, models, hit-and-miss engines, fishing, camping and boating are featured at this year's festival. Live entertainment

## Moth Boat Regatta



Sept. 18,  
Elizabeth City

Featuring the Classic Moth Boat. Races held throughout the day with an awards presentation and dinner that evening. Proceeds benefit the Museum of the Albemarle. Contact Mary Tirak, 1116 U.S. Hwy. 17 South, Elizabeth City, N.C. 27909. Phone: (919) 335-1453.



includes The Easter Brothers. Campers welcome. Contact Jerry Honeycutt, Rt. 4, Box 220, Dunn, N.C. 28334. Phone: (919) 980-1039.



"Oak View" in Raleigh.

## Designer showhouse

**Sept. 24-Oct. 15, Raleigh**

Restored 1850s Greek Revival farmhouse "Oak View," decorated by designers from the Carolinas' chapter of the American Society of Interior Designers. Gift shop, gardens, tea room and music. The showhouse will be the first public view of the historic restored farm complex, which is listed on the National Register of Historic Places. Contact United Arts Council, 101 East Davie St., Raleigh, N.C. 27601-1830. Phone: (919) 839-1498.

## Indian Summer Festival

**Sept. 24-25, Hertford**

Arts, crafts, displays, food, music, sidewalk sales and entertainment. Contact the Perquimans County Chamber of Commerce, P.O. Box 27, Hertford, N.C. 27944. Phone: (919) 426-5657.

## Gem and mineral show

**Sept. 25-26, Hiddenite**

Features a rare 15-carat faceted Hiddenite gem. Exhibits, demonstrations and a kids' corner. Contact Susan and David Hughes, P.O. Box 98, Conover, N.C. 28613. Call Patty Arnold at (440) 465-2769.

## Dressage event

**Sept. 2-5, Raleigh**

International dressage competition is scheduled for the Hunt Horse Complex at the N.C. State Fairgrounds in Raleigh. Professional riders and their horses will compete in the CDI-W Raleigh NCD-CTA Sport Breeding Show and Fall Classic to benefit the North Carolina Museum of Art. Tickets required for Friday evening and all day Saturday. Contact Elizabeth Holloway, Museum of Art, 2110 Blue Ridge Road, Raleigh, N.C. 27607. Phone: (919) 833-1935.

## Celebrate folk art

**Sept. 11, Asheville**

Members of the Southern Highland Handicraft Guild will demonstrate woodcarving, pottery, basketmaking, spinning and weaving. Also features special storytelling concerts. Contact Folk Art Center of the Southern Highland Handicraft Guild, P.O. Box 9545, Asheville, N.C. 28815. Phone: (704) 298-7928.

## Slave descendants reunion

**Sept. 4, Creswell**

Fourth gathering of descendants of slaves who worked at Somerset Place, the Collins plantation on Phelps Lake in Washington County, a state historic site. Events free and open to the public include African American music, Marie Brooks Dance Theatre for children, Piedmont blues man George Higgs, Somerset Children's choir, with 200 voices from local schools, will perform.

Period craft demonstrations in brooms, quilts, headwraps, baskets. Art show from N.C. Museum of Art. Staff in period costume



Somerset Place staffer Betty Pledger shows process of removing cotton seeds by hand.

will demonstrate 19th century farm skills of cooking "hopping john," preparing cotton, making candles, shingles and gourd instruments. Food and games, too. Contact Somerset Place State Historic Site, (919) 797-4560.

## At the zoo

**August, Asheboro**

The N.C. Zoological Park has scheduled the following events for August: children's program on animal footprints, Aug. 7; designing bird and

butterfly gardens, Aug. 14; children's program on how birds use their bills, Aug. 21; traditional African music and cool jazz, Aug. 28. Contact N.C. Zoo, 4401 Zoo Parkway, Asheboro, N.C. 27203. Phone: (919) 879-7200.



"Mattamuskeet Morning" by Phillip Crowe.

## Wildlife and sportsmen

**Sept. 11-12, New Bern**

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## At the Mint

**Summer, Charlotte**

The Mint Museum of Art presents "Karsh: American Legends," recent photographs by Yousuf Karsh, through Sept. 5. Pictures include those of Helen Hayes, Norman Schwarzkopf, Leonard Bernstein, Jessye Norman and Dizzy Gillespie.

From July 7 through Sept. 26, "North Carolina Glass" shows 25 works of 12 of the state's studio glass artists, including Harvey Littleton, John Nygren and Mark Pesier.

Contact Mint Museum, 2730 Randolph Rd., Charlotte, N.C. 28207. Phone: (704) 337-2000.



# Hank's Gardening Guide

by Hank Smith



Take inventory  
of your garden.

**T**his is the hold-the-line month in the garden.

It's the time to take inventory of what you have, to make plans for what you want in next summer's garden, and to keep what you have green and growing.

Make note of what plants tolerate the heat well—and make plans to include more of them in next summer's garden. More flowering plants may be needed in key areas for color accents.

Water, water, water—thoroughly and regularly—at least once a week if Mother Nature doesn't do the chore for you.

## Prepare for fall planting

**T**o have soil in top form for shrubs and trees to be planted in the fall, now's the time to work it over. Soil will have ample time to settle. And, you won't run the risk of planting too hurriedly when trees and shrubs are available in nurseries and garden centers this fall.

If you wait until fall to prepare the soil, the ground may be too wet to work properly. In the higher elevations, early freezes may delay soil preparation.

Should a shrubby border or hedge be in your landscape plans, work the soil up with a rotary tiller, removing all weeds and grass. If the soil is not of good texture—too heavy with clay or too sandy—spade in a 3- to 5-inch layer of organic matter such as decayed sawdust, peat moss, peanut hulls or cotton seed hulls. Do the same in each planting hole prepared for a tree.

## Rhododendrons

**R**hododendrons now are forming flower buds for next year's blooms. Since faded flowers sap energy from

the plant that is needed for producing an abundance of buds, they should be removed now before they go to seed.

If rhododendron leaves droop or turn inward, they need water. Keep plants well mulched and watered.

## Rooting roses

**T**o increase the number of your rose plants, take cuttings before September. Make cuttings six to nine inches long, using a sharp knife. Remove all but the top two or three leaves. Treat the cut end with a root-inducing hormone powder (such as Rootone). Insert all but the top two or three inches into well-prepared soil with good but indirect light. Water well and firm soil around each cutting.

Cover each cutting with an inverted glass jar to keep the humidity high. Water as needed to keep soil moist.

Next spring, gradually remove the jar for longer periods of time and transplant the rose to its permanent location.

## Vegetable gardening

**I**t's possible to enjoy fresh vegetables from your garden until well into autumn. Among the seeds to plant are: leaf lettuce, mustard, radish, turnip greens, beets, squash,

beans and onions.

If your garden center has plants of cabbage, broccoli and collards available, they can be set now.

Add a bit of potash to the soil before planting root crops. It improves the quality and flavor of these vegetables.

A 3- to 4-inch mulch of pine straw, clean hay or broad leaves will help keep weeds out and moisture in.

## Plants on the rocks

**E**arly in the morning or late in the afternoon are ideal times for removing any grass or weeds that may be competing with rock garden plants—taking food and moisture from the desired plants. This task is much easier after rain has softened the soil.

Weed carefully, holding down roots of small or weak plants with the spread fingers of one hand while pulling weeds with the other hand. Be especially gentle around spring-flowering perennials that tend to go dormant and bulbs that lose their top growth during summer.

After weeding, add loamy soil mixed with peat moss between rocks and underneath their edges. This replaces depleted nutrients and any soil that may have washed away.

## Feed asparagus

**L**ater in August or early in September, begin fertilizing your asparagus plants. This helps roots and crowns store food for next year's crop.

Apply three pounds of a complete general fertilizer to each 100 square feet of soil surface. Spread fertilizer between rows and cultivate it in. Cease cutting asparagus and let plants grow up and go to seed.







# Summer shorts

1. Water newly set out plants if there is not ample rainfall to moisten soil to their root systems.
2. Spray rose bushes every seven to 10 days, and after each rain shower.
3. For late fall and winter geranium blooms indoors, start cutting now.
4. Start seed of gaillardia and foxglove.
5. As blooms fade on vitex, crepe myrtle and buddleia, shear them off; fertilize the plants; keep them watered for blooms until frost.
6. Stop pinching back mums to allow flower buds to set.
7. Before fertilizing, get a soil test for your cool-season lawn such as fescue and bluegrass.
8. During dry periods, water shallow-rooted plants such as azaleas, blueberries and dogwoods. Give them a good soaking every four days.
9. Keep fescue grass clipped to a height of three inches until the middle of September.
10. Keep container-grown plants well watered; they suffer faster than those growing in the ground. Most plants in containers need a daily watering during hot, dry days.
11. If azalea leaves are yellowish between the veins, apply iron chelates such as a soil drench or foliar spray.
12. About eight weeks after they have flowered, dig and store gladiolus bulbs.
13. If Oriental poppies need to be relocated, now's a good time for the job. Oriental poppies can be propagated from root cuttings.
14. For larger dahlia blooms, remove all but one flower bud from each cluster.

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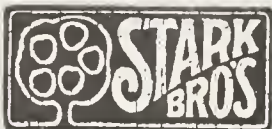


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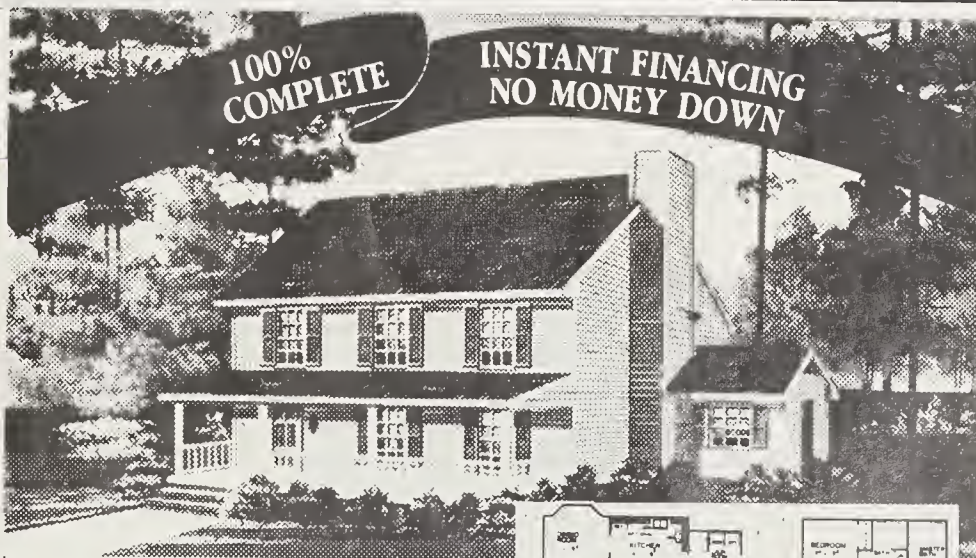
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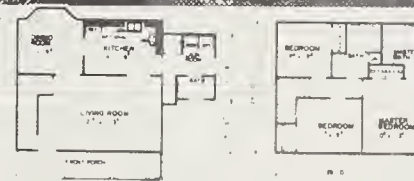
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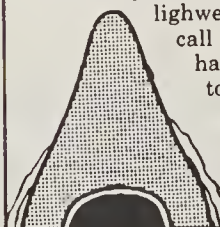
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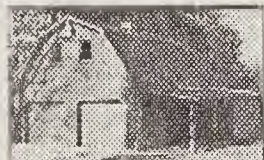


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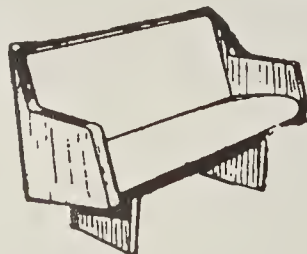
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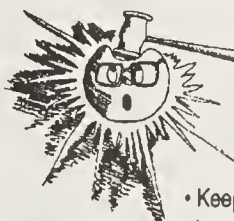
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# Journal

by Owen Bishop



A "powerful" visit to Capitol Hill ... A "poetic song" to a coastal community.

## Putting your "two cents' worth" on-line to Capitol Hill

Our June issue had just gone into the mail when we learned that its guide for contacting members of the North Carolina congressional delegation already needed updating.

Under a new pilot program, constituents will be able to communicate electronically with two members of the delegation—Seventh District Rep. Charlie Rose of Fayetteville and Twelfth District Rep. Melvin Watt of Charlotte.

They are among seven congressmen who will participate in the program, which will use the House's link with Internet, a computer network that is used by more than 12 million people around the world. The congressmen

have been assigned public mailboxes that can be accessed from computers in constituents' homes and in institutions that offer public access to Internet.

Rep. Rose said Capitol Hill participants will likely respond to most electronic mail messages by postal mail to assure confidentiality.

If you're a constituent of one of these congressmen and want to use this method of putting in your "two cents' worth," you must first use the traditional mail system to get on-line. Write a letter or postcard, asking to use it. Include your name, postal address and Internet "address."

Write to Rep. Rose at 2230 Rayburn House Office Bldg., Washington, D.C. 20515. Write to Rep. Watt at 1232 Longworth Office Bldg., Washington, D.C. 20515.

## Author pays tribute to Beaufort

Carol Bessent Hayman, who has contributed a number of stories to *Carolina Country* over the past 25 years, has written a new book that pays special tribute to her hometown.

"Images & Echoes of Beaufort-By-The-Sea" is a collection of poems and essays about the coastal community.

The book is "about family, relationships, changing lifestyles and lasting love in historic Beaufort," according to a flyer from the publisher, Mount Olive College Press.

In the 61-page volume, Mrs. Hayman "sings her own poetic song to the city of her childhood and adulthood," says the press' editor, Dr. Pepper

Worthington. The editor also points out that the book will serve as "a valuable guide for visitors to this lovely town."

Mrs. Hayman, who has been poet laureate of Beaufort for several years, was recently named the poet laureate of Carteret County by the county commissioners. Copies of the softcover



book are available at some book stores or can be ordered directly from Mrs. Hayman. To order a copy, send \$14.95 (including tax and shipping) to Lovely Day Cards and Books, 618 Ann Street, Beaufort, N.C. 28516. For more information, call (919) 728-7088.



## Freshman congressman gets "education" on co-ops

In early May, Rep. Watt was spotlighted in a Washington Post article about the "two cents' worth" that was presented to various congressmen by representatives of the nation's electric co-ops in a face-to-face meeting.

His experience in hosting a group of North Carolina co-op officials was described as an example of how effective the co-ops are in presenting their message on Capitol Hill.

Here's how the Post story began:  
*Rep. Melvin L. Watt (D-N.C.) got a lesson this week in the lobbying techniques of rural electric cooperatives. Expecting a small delegation for an 1:15 a.m. meeting, the freshman house member peeked outside his office door and found 40 people, eager to speak with their congressman. "He's new," explained Max Walser, school superintendent and elected*

*board member of a North Carolina electric co-op. "We've got to get him some education."*

Walser, a director of Davidson Electric Membership Corporation, Lexington, was part of a delegation representing several co-ops at the meeting.

They were among the 3,000 rural citizens from across the country who met with political leaders in support of the Rural Electrification Administration's financing program. The co-op representatives were asking that they be treated fairly as President Clinton's deficit-reduction proposals moved through the legislative mill.

The Post story described the co-ops' lobbying efforts at great length, quoting various sources on their effectiveness.

Returning to the scene at Rep. Watt's office, reporter Kevin Merida ended his story this way:

*Rep. Watt was not prepared for what awaited him outside Room 1232*

*of the Longworth Office Building. Freshmen don't have large offices. But Watt invited his co-op visitors to "squeeze on in."*

*As they encircled his desk, Watt glanced about and remarked: "It is rather unusual to have quite this many people come and express their views."*

*Using a different person to speak on each issue, the visitors ran down their list: (preserving) the REA 5 percent loan program, Federal Financing Bank refinancing (for generating and transmission co-ops), rural health care, and the energy tax. Watt, who has five electric co-ops in his district, didn't promise much, only that he would continue listening and do more research.*

*Afterward, Watt acknowledged an axiom of political life:*

*"It's certainly powerful to see this many people visit you on an issue. It's got to have an impact on you."*

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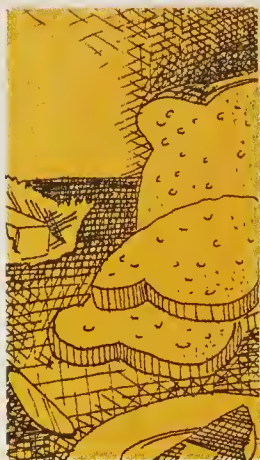
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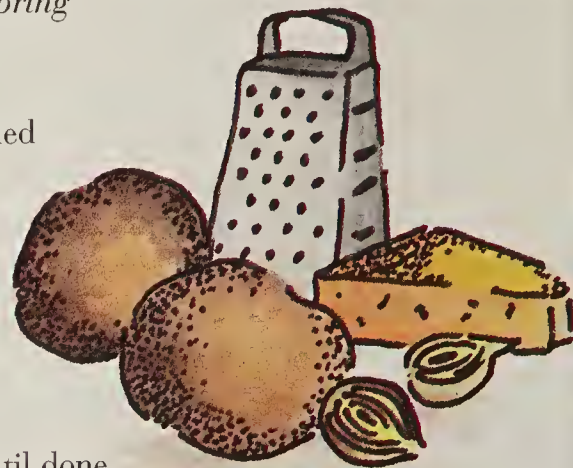




## Cheesy Bacon Stuffed Potatoes

Submitted by Jewel Wilson, Mill Spring

- 4 medium baking potatoes
- 6 slices bacon, cooked and crumbled
- $\frac{1}{3}$  cup chopped onion
- $\frac{1}{3}$  cup shredded cheddar cheese
- 1 (8-ounce) carton sour cream
- 1 teaspoon salt
- $\frac{1}{2}$  teaspoon black pepper
- $\frac{1}{2}$  teaspoon parsley flakes



Cook potatoes in microwave until done. Cut lengthways, remove pulp and save shell. Combine remaining ingredients with cooked potatoes. Stuff shells with potato mixture. Microwave on High for 5 to 7 minutes until thoroughly heated. (Yield: 4 servings)

Jewel Wilson says,  
"My whole family  
and friends love  
this."

### Want to share recipes?

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Sell each SAFETY FIRST AID KIT for \$10 and keep a big \$2.70 profit on each. Packed 25 Kits to a case, your group can earn Giant Profits of \$67.50 on each case sold. PLUS BONUS PROFITS — For every 10 cases you order and sell you receive one FREE case worth \$150.00 in profits! Call toll-free to order now!

#### PROFIT CHART

SELL	FREE BONUS	TOTAL PROFIT
10 cases		\$ 337.50
20 cases	1 case	\$ 825.00
30 cases	2 cases	\$1,650.00
40 cases	5 cases	\$4,125.00
50 cases	8 cases	\$6,600.00

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#### SPIRIT OF AMERICA FUND RAISERS

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- ☐ Please send \_\_\_\_\_ Cases of SAFETY FIRST AID KITS. (Minimum 5 Cases)
- ☐ Please send a sample SAFETY FIRST AID KIT. Enclosed is \$6.00.

#### ORGANIZATION'S INFORMATION

Your Name \_\_\_\_\_ Title \_\_\_\_\_ Phone ( ) \_\_\_\_\_

Group's Name \_\_\_\_\_ Number of Members \_\_\_\_\_

School/Church \_\_\_\_\_

Organization's Name \_\_\_\_\_ Phone ( ) \_\_\_\_\_

Organization's Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

#### ADULT RESPONSIBLE FOR ORDER/PAYMENT

Bill To Name \_\_\_\_\_ Home Phone ( ) \_\_\_\_\_

Address \_\_\_\_\_ Day Phone ( ) \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Signature \_\_\_\_\_ Scheduled Sales Date \_\_\_\_\_

(Adult Leader/Sponsor)

**TERMS:** Payment due in full 30 days from date of receipt of merchandise or scheduled sales date whichever is later. All orders subject to approval. For convenience, we prepay freight/handling charges. These charges appear on your invoice and you are given FREE KITS. The retail value of these FREE KITS covers freight charges. Full cases may be returned freight prepaid by you for credit less a \$2.00 per case reinspection charge within 45 days of sales date. To qualify for FREE BONUS CASES, full payment must be made by invoice due date with no returns. Price and styles subject to change.





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When you get electricity from one of the 28 member systems of Carolina Electric Cooperatives, you're more than just a customer. You're a member of a local co-op—and an owner of the seventeenth largest company in North Carolina. And you have a say in what your company does. As a member-owner, you have the power to influence important decisions that affect your family, your business and your community.

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across our state. Energy that's working to create jobs, build businesses and improve lives, lighting the way for a future that's brighter than ever.

Member-ownership. For more than 1.1 million people, it's what turns simple electricity into the energy of cooperation—the energy to get things done.



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